

# CALSHOT PRIMARY SCHOOL

## Relationship and Sex Education (RSE) Policy



'At Calshot we aim to provide the highest quality of learning and care for ALL children in a safe and enjoyable environment, nurturing personal values, in partnership with parents, carers and the wider community. We expect everyone in our school to strive to achieve their full potential.'

Reviewed: 2<sup>nd</sup> December 2019

The Governing Body of Calshot School, following consultation with parents and guardians, has agreed to ensure a provision is made for relationship and sex education for all pupils. This policy outlines where and how it will be provided. The policy is in accordance with Section 241 of the Education Act 1993, Section 46 of the Education Act 1986; Section 1 (2) of the Education Reform Act 1988; the National Curriculum 1999; Sex and Relationship Education Guidance DfEE 0116/2000; Framework for PSHE and Citizenship at KS1 and KS2 QCA00/579, Sex and Relationship Education, healthy lifestyles and financial capability QCA/05/1695, 2006; Birmingham Children and Young People's Plan 2006-2009; National Healthy Schools Guidance 2005; Every Child Matters 2004.

Calshot Primary School follow the principle that effective RSE is best achieved through a whole school approach. This is achieved by ensuring that the RSE Policy is appropriately set for the age and maturity of all pupils. This is made possible by:

- Involving parents and guardians;
- Giving staff appropriate training and support;
- Ensuring that pupils' views are listened to.

### **Policy Development and Consultation**

The policy was developed with due regard to National and Local (BEN PCT) targets:

1. Reducing teenage pregnancies
2. Delaying early sexual activity
3. Reducing sexually transmitted infections

### **What is Relationship and Sex Education (RSE)?**

It is lifelong learning about physical, moral and emotional development. It is about the understanding and importance of family life, stable and loving relationships, commitment, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity; this would be regarded as inappropriate teaching.

### **Aims and Objectives of RSE**

At Calshot, we believe that RSE should be developmental and a foundation for further work in secondary school. Relationship and Sex Education is an integral part of our curriculum.

**Most of the work covered is cross-curricular and is taught through the Science, PSHE and RE curriculum.**

Main aims and objectives are:

- To provide clear guidance for parents/guardians, staff and governors
- For pupils to develop the understanding that RSE is a gradual developmental process that is supported by a partnership between home and school
- To help children to respect themselves and others

- To support pupils through their physical, emotional and moral development
- To develop skills and understanding to enable pupils to make healthy, responsible choices about their health and well being
- To help children understand the significance of marriage and stable relationships and its importance for family life
- To help pupils move more confidently and responsibly into adolescence

Secondary aims and objectives are:

- To promote anti-bullying and anti-racist issues
- To reduce homophobic bullying and name-calling
- To address sexually explicit and inappropriate behaviours
- To teach personal hygiene
- To encourage privacy and respect when changing for PE and swimming
- To address the issue of media influence and mixed messages, e.g. TV, DVDs, magazines, computer games, lyrics to popular music, advertising, etc.

### **Moral and Values Framework**

The RSE programme will reflect the school's philosophy and ethos to encourage the following values:

- Respect for self
- Respect for others
- Responsibility for own actions
- Responsibility for family, friends, school and the community

### **Content and Delivery of Programme**

The programme will be delivered by class teachers (with support from appropriate outside agencies when required):

- Through planned aspects of Science
- Through PSHE and Citizenship
- Through Circle Time
- Through group discussions
- Through story time or drama

This will ensure that effective provision is made for the teaching of RSE and that children:

- Develop confidence in speaking and thinking about feelings and relationships and the management of them
- Are able to name body parts and describe how their bodies work
- Can protect themselves and ask for help and support
- Are prepared for puberty before its onset

In the **Foundation Stage** RSE is provided through personal, social and emotional well-being; the senses and growing.

In **Key Stage 1** this basis is built upon and extended to include body parts, life cycles and baby animals. As well as this, friendships, family relationships, personal space, hygiene and healthy living are covered within this Key Stage.

In **Key Stage 2** personal hygiene is introduced in Years 3 and 4. Changes to the body, and puberty for boys and girls will be taught separately in Year 5 and Year 6.

### **Specific Issues**

#### **Confidentiality**

Pupils will be informed, in an age appropriate and sensitive manner, that 100% confidentiality cannot be assured. For suspected Child Protection concerns the school will follow the LA policy and procedures.

#### **Use of Outside Visitors**

The school will follow LA guidelines and will contact the Local Authority/Health Education Service if in doubt about the suitability of any programmes.

#### **Answering Difficult Questions**

Questions do not have to be answered immediately or directly. If a pupil asks a difficult question during a whole class session, teachers must use their skill and discretion in these situations and refer to the Head Teacher if they are concerned. The Head Teacher may then discuss the issue with the child's parents/carers if required. Pupils' questions will be answered according to their level of maturity and understanding with support from parents.

#### **Vocabulary**

At the beginning of sessions, staff will define ground rules regarding the use of appropriate language/vocabulary. This will be in accordance with the agreed biological terms.

#### **Parent Withdrawal**

Parents have a right to withdraw their child from those elements of the RSE programme that do not form part of the National Curriculum. To do this, they will need to contact the Head Teacher directly.

#### **Working with Parents**

Parents will be given the opportunity to discuss the policy document, schemes of work, methods of teaching and resources on request. Any specific questions may be discussed with the Head Teacher.

#### **Provision for Pubertal Pupils**

For girls, sanitary towels are available from the female Years 5 and 6 teachers (Miss Dolan, Miss Harris and Mrs Myatt). Sanitary disposal units are available in some of the girls' toilets; children will be advised of the whereabouts of these as and when required.

### **Changing for PE**

In Year 6, boys and girls get changed separately for PE. In Year 5, girls are given the option to get changed in the toilets if they feel self conscious getting changed in the classroom.

### **Dissemination of the Policy**

This policy will be presented to all staff and governors. This policy will be published on the school web site.

### **Equal Opportunities**

Calshot Primary School is committed to working towards equality of opportunity to all aspects of school life. The RSE policy and programme will reflect the ethos of the school by providing a secure, non-judgemental environment in which to learn. All pupils will be treated equally regardless of gender, race, SEN, disability and social background.

### **Monitoring and Evaluation**

Teachers and the Head Teacher will undertake an evaluation of the programme, with regard to parental feedback.

The policy will be reviewed annually, unless a more immediate response is needed to conform to any new guidance.

**Policy ratified by Full Governing Body on 2<sup>nd</sup> December 2019**